




Home Kinesiology Case Studies Blogs About Me Testimonials Price & Location Contact Me 

Facial Radiance... For Blissful Relaxation and Results

Is Facial Radiance for Me?

If you feel **you're not looking your best**, or that **life's stresses are showing in your face**, then Facial Radiance is for you! And **more than a beauty treatment**, Facial Radiance leaves you **feeling deeply relaxed** and **looking simply radiant**.

So, Facial Radiance *is* for you...

- If you want a **natural anti-ageing alternative**, without surgery or injections
- If you want to look **bright** and **fresh** for a special occasion – a wedding or one-off event
- If you think too much and want to get out of your head for an hour or more
- If you just want to **relax** and **have some 'you time'** – and feel and look amazing afterwards!

Facial Radiance is a non-invasive, pampering and therapeutic treatment that offers noticeable results.

Men enjoy Facial Radiance too – one male client says each session gives him a break from overthinking, like he's been on a week's holiday!



Why Facial Radiance?

It's said that you **wear your life on your face**, with each moment, each emotion adding to the expression you show the world. Stress, painful experiences and grief or loss can all take their toll. So, if you've noticed:

- **Frown lines** forming between your eyebrows
- Expression lines on your forehead
- You have a **tight, clenched jaw**
- You've **lost that sparkle in your eyes**
- The vitality in your face has gone
- You **look** and **feel older** than you are

Then Facial Radiance can **restore your natural glow!**



Before my Facial Radiance treatment, I felt really high strung, like I couldn't calm down at all, like my heart was almost palpating. I was so stressed out. I just couldn't relax.

After the treatment I felt like I could have just floated away. I felt really heavy before the session, and afterwards I felt light as a feather. I felt light and calm and my brain is just in this wonderland of peace. Even a day later, I am still feeling calm and stress free.



Stephanie

What is Facial Radiance?

Facial Radiance is a uniquely effective **massage technique**, with **anti-ageing benefits**. It gently targets the muscles and energy meridians of your face, neck and scalp.

Physically, Facial Radiance can:

- **Improve skin tone** and **elasticity** as it works deep into the skin's layers
- Increase blood flow to the skin, benefitting overall skin health
- Give a **naturally lifted appearance** to the face



- Open the eyes
- Define your jaw and cheekbones
- **Remove tension** from your jaw
- **Soften** the appearance of **fine lines**
- Bring **vitality** and life back into your face



Some other treatment benefits include:

- **Deep relaxation** – you may even fall asleep!
- **Quietenig** the constant mind **chatter** if you over-think
- Releasing stagnant energy by working on the energy meridians
- **Relieving** or removing **headaches**
- **Dissolving** any **emotional stress** that shows on your face

What will I experience during a Facial Radiance session? ---

Your treatment begins with Liesl connecting in with your body via Kinesiology, to find out which healing music you need to listen to. The therapeutic power of sound is well known, and by listening to the right music during your session, you experience a **deeper level of healing** and **relaxation**.

Liesl uses no facial oils or creams, just an energetic spray, to **gently massage** specific points on your face, to **relax and lift the facial muscles**, and to relieve tension.

And to further send you into a **state of bliss**, your treatment includes a **mini head and foot massage**.

For a completely holistic wellbeing experience, you can combine a Kinesiology and Facial Radiance session, as many of Liesl's clients do!

When will I see results

After just one treatment, you will notice a difference in your appearance, but for better, longer-lasting results, you will benefit from 5 treatments over 5 weeks, then once a month after that.

After the **initial five treatments** you will notice that:

- Your cheekbones are more defined
- Your **eyes appear lifted**
- Your **worry lines** start to **soften**
- Your face no longer feels frozen
- Your jaw no longer feels tense
- Your **skin starts feeling softer**



And as an added bonus, you will experience a **deep level of relaxation**. You will walk out of the session with an **inner glow**, radiating a **sense of wellbeing and happiness**.

Indulge in a Facial Radiance treatment on its own – or for a truly rejuvenating experience, combine it with a Holistic Kinesiology session for ultimate wellbeing experience!

Choose Your Bliss – Healing Sessions That Suit You

Liesl offers a number of treatment combinations so you can select a session to suit your mood – or to address whatever's going on in your life.

1. 60-minute treatment includes Facial Radiance, plus a mini head and foot massage – the [perfect introduction](#), or if you're short on time.
2. 75-minute treatment includes Facial Radiance, a mini head massage and a longer foot massage – just the thing if you've been on your feet a lot.
3. 90-minute treatment includes a double shot of Facial Radiance, plus the mini head and foot massage – the [ultimate deeper relaxation experience](#).
4. 90-minute treatment includes Kinesiology, Facial Radiance, plus a mini head and foot massage – this option is great if you want to release any emotions you may hold in your face or jaw.

[It's so easy! Just browse the list, choose your bliss and get in touch!](#)

Want to see the results and feel the blissful benefits of Facial Radiance? Why not book in for a session today? To find out more, call Liesl on [0419 271 394](tel:0419271394)

Don't just take our word for it, read **what Liesl's clients are saying about Facial Radiance**



HOURS & INFO

Haberfield Naturopathic Centre
66 Ramsay Street
Haberfield, NSW 2045
For Bookings - 02 9797 0422
For Information 0419 271 394
Mondays 2pm - 7pm
Thursdays 9am - 7pm
Fridays 2pm - 7pm
Saturday 8am - 4pm

HOURS & INFO

Be Still and Chill
Suite 206
658 Pittwater Road (entrance via Sydenham Road)
Brookvale NSW 2100
For Bookings - 0419 271 394
Reception - 0427 969 777
Wednesdays 10am - 8:30pm

RECENT BLOGS

- > Separation Anxiety in Children – A Kinesiology Case Study
- > Why I can't fix you in just one Kinesiology session
- > Natural treatment of Anxiety – A Kinesiology Case Study
- > We are all psychic
- > Why I changed my Profile Picture from this to this